

MK Fencing Academy Health and Safety Policy

1. Introduction

MK Fencing Academy is committed to providing a safe and healthy environment for all students, coaches, staff, and visitors. This Health and Safety Policy outlines our commitment to ensuring the well-being of everyone involved in our activities and sets out the procedures and responsibilities to maintain a safe environment. Our academy operates within the Hamdan Sports Complex, and we adhere to their health and safety policies and procedures in addition to our own.

2. Objectives

- To prevent accidents, injuries, and illnesses by identifying and minimizing risks.
- To comply with all relevant health and safety legislation, including the policies and procedures set forth by the Hamdan Sports Complex.
- To promote a culture of safety awareness and responsibility among all members of the academy.
- To provide appropriate training and resources to ensure a safe environment.

3. Responsibilities

3.1 Management Responsibilities

- Ensure that health and safety policies are up-to-date and compliant with legislation and the Hamdan Sports Complex's requirements.
- Provide adequate resources for health and safety, including first aid supplies and equipment maintenance.
- Ensure all staff and coaches are trained in health and safety practices relevant to their roles, including those specific to the Hamdan Sports Complex.

- Regularly review and assess the risks associated with fencing activities and the academy's premises in coordination with the Hamdan Sports Complex's safety team.

3.2 Coaches and Staff Responsibilities

- Follow all health and safety policies and procedures, including those of the Hamdan Sports Complex.
- Conduct regular safety checks of equipment and the training environment before sessions.
- Supervise students closely during training to prevent accidents and injuries.
- Ensure all participants are using the correct protective gear and that it is in good condition.
- Report any hazards, accidents, or near-misses immediately to the management and the Hamdan Sports Complex safety team.
- Administer first aid when necessary and maintain a log of all incidents.

3.3 Students and Participants Responsibilities

- Follow instructions from coaches and staff at all times, and adhere to the health and safety rules of both MK Fencing Academy and the Hamdan Sports Complex.
- Use all protective gear as required and ensure it is in good condition.
- Report any hazards, faulty equipment, or injuries to a coach immediately.
- Refrain from engaging in any unsafe behavior that could endanger themselves or others.
- Participate in all health and safety briefings and training sessions.

3.4 Visitors and Spectators Responsibilities

- Observe all safety rules and regulations while on the premises, as set by MK Fencing Academy and the Hamdan Sports Complex.

MKFA Fencing Academy

Venue: Hamdan Sports Complex

Office: BAY SQUARE, Business Bay, 8th Floor, Building no. 2, office 835 ; P.O.Box 340880

Email: fence@mkfencingacademy.com

- Stay in designated areas and avoid interfering with fencing activities.
- Report any observed hazards to staff or management.

4. First Aid

- The academy will ensure that first aid kits are readily accessible and stocked with appropriate supplies, in compliance with the Hamdan Sports Complex guidelines.
- At least one trained first aider will be present during all fencing sessions.
- All incidents requiring first aid will be logged in the incident book, and serious injuries will be reported to the relevant authorities as required by law and the Hamdan Sports Complex.

5. Emergency Procedures

- Emergency exits and evacuation procedures will be clearly marked and communicated to all participants, in accordance with the Hamdan Sports Complex's emergency protocols.
- Regular fire drills will be conducted to ensure that all staff and students are familiar with evacuation procedures.
- In the event of an emergency, the safety of all individuals is the top priority, and the session will be halted immediately until it is safe to continue.

6. Equipment Safety

- All fencing equipment will be regularly inspected and maintained to ensure it is in safe working condition.
- Students will be instructed on the correct use of all equipment.
- Damaged or faulty equipment will be removed from use immediately and repaired or replaced as necessary.

7. Training and Competence

- All coaches will receive training in health and safety procedures as part of their induction and ongoing professional development, including training on the Hamdan Sports Complex's specific protocols.
- Students will be given safety instructions and training appropriate to their level of experience.
- The academy will conduct regular safety briefings and updates for all members.

8. Risk Assessment

- The academy will conduct regular risk assessments of all activities and facilities, in coordination with the Hamdan Sports Complex's safety team.
- Identified risks will be documented, and appropriate control measures will be implemented to reduce or eliminate hazards.
- Risk assessments will be reviewed and updated regularly, especially when new activities or equipment are introduced.

9. Health and Hygiene

- The academy will ensure that facilities, including changing rooms and bathrooms, are clean and hygienic, in line with the Hamdan Sports Complex's standards.
- Students and staff will be encouraged to practice good personal hygiene, including hand washing and the use of sanitizers.
- Any participant showing signs of illness should refrain from attending sessions until fully recovered.

10. Monitoring and Review

- The health and safety policy will be reviewed annually or whenever there are significant changes in legislation, academy operations, or the Hamdan Sports Complex's policies.

- The management will monitor the implementation of this policy and make adjustments as necessary to improve safety standards.

11. Communication

- This policy will be communicated to all staff, students, and visitors.
- Copies of the policy will be available at the academy premises, on the academy's website, and will also align with the policies provided by the Hamdan Sports Complex.

12. Conclusion

MK Fencing Academy is dedicated to maintaining a safe and healthy environment for everyone involved. By following this policy, in conjunction with the policies of the Hamdan Sports Complex, we aim to ensure that our fencing activities are conducted in a manner that minimizes risks and promotes the well-being of all participants.

Approved by

MK Fencing Academy Management

Date: 18.08.2024

Location: Hamdan Sports Complex, Dubai, UAE